## ° Impact of Knôwing

## Discussion Guide & Checklist

Your health care team has confirmed you have a lung nodule. You likely are wondering what's next and need information to feel confident in your plan moving forward. The following list of questions can help guide your conversations with your primary care provider or pulmonologist to better understand the next steps in your journey.

## I have a lung nodule.

INTUÎTIVE

	Is the nodule cancerous or benign?	
	What does the size of my lung nodule mean?	
	What does it mean if I have multiple nodules?	
	What does it mean if my nodule increases in size?	
	Will the nodule cause any symptoms that I can see or feel?	
	Will the symptoms be different if the nodule is cancerous or benign?	
	What factors put me at a greater risk for lung cancer?	
	l don't have any of those risk factors. If I have lung cancer, what might have caused it?	
	Do I need surgery?	
	What are the next steps of my journey?	
	I have asked my care team about my diagnosis plan, and I am clear and comfortable with the next steps.	
	☐ I have an appointment to/received a second opinion if I want one.	
	Who is on my care team?	· · · · · · · · · · · · · · · · · · ·
	I understand how my care team will communicate with each other, and if I need to play a role.	
	☐ I have a referral to a specialist from my PCP if needed.	
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I'm having/have heard of a biopsy of a lung nodule.		
	What is a biopsy? What does it involve?	
	Am I a candidate for a biopsy?	
	What information do you hope to learn about the nodule from the biopsy? Will you be able to make a diagnosis?	
	Do I have options around which type of biopsy is performed? What are the options if I don't want a biopsy?	
	I understand what options are available to me.	

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## Notes

	What is robotic-assisted biopsy? Would I be a candidate?	Notes
	What are the risk factors?	
	What are your outcomes with this type of biopsy?	
	Will I have anesthesia? What does recovery look like?	
	When will I get biopsy results?	
	Will I need any further biopsy procedures after this one? I asked my PCP/pulmonologist about/if I need any further screenings or biopsies.	
I'm receiving treatment for a cancerous lung nodule.		
	The nodule is cancerous. What are my treatment options?	
	How do I know which option is best for me?	
	If surgery is a treatment option for me, what are the minimally invasive options? Can you tell me more about robotic-assisted surgery and whether I'd be a candidate?	
	What steps do I need to take so I can begin treatment?	
	When will my treatment begin?	
	When and how will I know if the treatment is working?	
	What kind of side effects might I experience? Which are most common?	
l need to schedule my future appointments for treatment and follow-up.		
	How often do I need to have screenings or treatment?	
	How often will I see you?	
	Do I need to see any other doctors regularly? If so, who are they and do I need a referral to see them?	
	☐ I have a referral to another doctor if needed.	

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